



**INTERNATIONAL LASER CLASS ASSOCIATION  
NORTH AMERICAN CHAMPIONSHIP**



Alamitos Bay Yacht Club  
Long Beach, California, USA



**REGATTA SCHEDULE**

**EACH DAY OF RACING**

Breakfast (free)	0800-1030	Upstairs Bagels-Fruit-Yogurt-Boiled Eggs-Sausage
Galley hours	0900	Closes Thu & Fri 1400, Sat & Sun 1600
Coaches Meeting	0900	
Competitors Meeting	0930	
Racing	1155	First Warning Signal
Bar Opens	1600	Complimentary keg of beer

**Wednesday July 11<sup>th</sup>**

Registration	1200-1700	
Boats on Beach	1700	All boats move to beach adjacent to Club <i>Security will be provided</i>

**Thursday July 12<sup>th</sup>**

Registration	0900-1200	
Dinner (included)		Sirloin (or Veggie) Burger Bash-Mac/Cheese-Salad-Dessert
Music		Steel Drums


**Friday July 13<sup>th</sup>**

Snacks		Pizza
Music		Live Top 40 and Classic Rock performer

**Saturday July 14<sup>th</sup> (Happy Bastille Day)**

Dinner(included)		Chicken/Steak & Shrimp Kabobs-Potato Bar-Salad-Dessert
Music		Live Top 40 and Classic Rock performer

**Sunday July 15<sup>th</sup>**

World Cup Final 	0800	2 <sup>nd</sup> Deck of ABYC Clubhouse
Snacks		Chicken Fingers (Sponsored by Raising Cane's), Fruit - Cheese & Veggie Trays – Hummus – Crackers
Trophy Presentation		

